

IECMH WORKFORCE COLLABORATIVE

DC:0-5 CLINICAL TRAINING (March 2022 – Dec 2025)

The **IECMH-WC** provides free DC:0-5™ Clinical Training and a copy of the DC:0-5™ manual to Washington State mental health professionals serving children birth to five and their families enrolled in Apple Health (Medicaid).

DC:0-5™ Clinical Training (12 hours) is designed to support mental health professionals in developing in-depth knowledge of the approach and content of the *Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood* (DC:0-5™), understanding the multi-axial system, and utilizing the approach and system in their work with children birth through age 5.

35

Trainings
Delivered

812

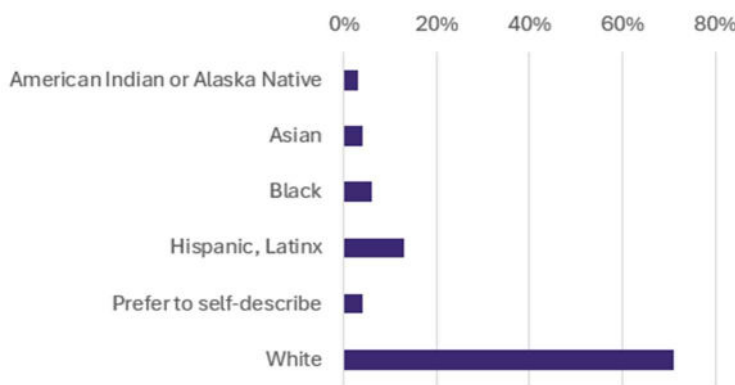
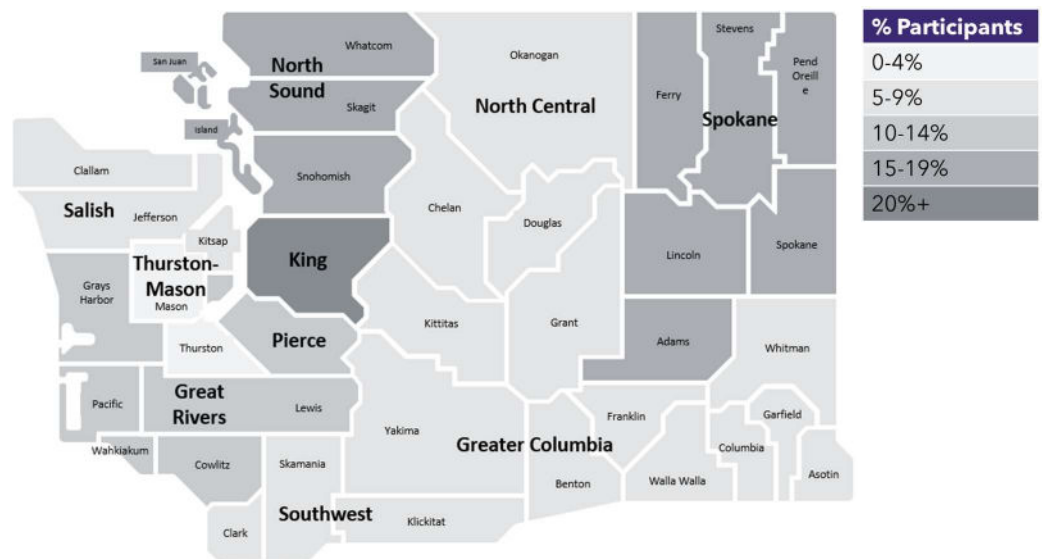
Providers Trained

Who is participating in DC:0-5™ Clinical Training?

Most serve young children and families in:

- King County
- North Sound
- Spokane

**Region of service data is non-mutually exclusive as 10% serve in multiple regions.*



21%
are multilingual

*Racial/ethnic identity categories are collapsed and not mutually exclusive.
Middle Eastern/North African and Native Hawaiian or Pacific Islander: <1% each.*

DC:0-5 CLINICAL TRAINING EVALUATION

From March 2022 through December 2025, 35 DC:0-5™ Clinical Trainings were delivered to 812 infant and early childhood mental health providers. Anonymous evaluation surveys offered quantitative questions about training effectiveness and impact on knowledge/skills, as well as open-ended questions about training strengths and areas for improvement, and anticipated challenges, barriers, and needed resources related to applying what was learned in the training. 475 evaluation surveys were received (58% of participants).

What is the impact of DC:0-5™ Clinical Training?

Survey respondents reported agreement to strong agreement (average ratings = 4.18 - 4.70, with 1=strongly disagree and 5=strongly agree) with statements indicating that the training was effective in addressing issues of diversity, equity, and intersectional identity in the assessment and diagnosis process and had a positive impact on their knowledge of key training themes and feelings of preparedness in supporting children and utilizing the components of the DC:0-5™ multi-axial approach. The lowest rated item (average rating = 4.18) asked whether the training helped them “feel better prepared to connect DC:0-5™ diagnoses to DSM/ICD-10”, although significant increases were found in this rating after implementing additional instruction around this training content.

“I really appreciated the application of information and case studies. It was a good opportunity to practice the material and think critically.”

“(A challenge may be) the amount of time it takes to complete this thoroughly and with fidelity.”

“We need to create an assessment for this population in our EHR so that we can better document all of the Axis information and other factors for this population.”

“Highly qualified instructors, who presented lots of great information with kindness, humility and a strong ask for cultural awareness. Very thorough, very respectful, very engaging.”

~Clinical Training Participants

Key themes from open-ended feedback:

- Appreciation for the trainers’ expertise and attention to cultural considerations, and for opportunities for hands-on practice, use of tools, and discussion with colleagues.
- Need for time for continued learning and real-time practice after the training, in order to feel confident and competent at using the DC:0-5™ process, especially with the amount of information presented.
- Need for resources to support family understanding and engagement in the assessment process.
- Concerns about time constraints and agency-level policies and documentation procedures that are not currently aligned with the DC:0-5™ process.
- Desire for more training, particularly around the assessment and diagnostic process, as well as opportunities for continued consultation and collaboration with others in the field.